

STUDIO

POWER DISK.....	6	FITNESS BALLS	14	MULTIPLE RACK	20
STEP	11	MATS	16	VINYL KETTLEBELLS.....	22
DUMBBELLS.....	12	ELASTICS.....	18		



O'LIVE POWER DISK COMPACT RACK

Made of compact material seeking a more innovative design. Its shape can be placed along the wall for better use of available space. Power disk not included.

REF.:	MU05000	MU05100
Dimensions:	91,5 x 131,7 x 50 cm	141,5 x 115,5 x 50 cm
Capacity:	10 sets	20 sets



O'LIVE POWER DISK RACK

Rack made of oval steel tube suitable for storing Power Disks. Power disks not included.

REF.:	MU06000	MU06100
Dimensions:	66 x 158 x 66 cm	153 x 145 x 102 cm
Capacity:	12 sets	30 sets
Color:	Grey	Grey

O'LIVE POWER DISK KIT A

Kit made of 12 Power Disk sets and the Rack ref: MU06000

REF.: **ST15800**

O'LIVE POWER DISK KIT B

Kit made of 30 Power Disk sets and the Rack ref: MU06100

REF.: **ST15900**

O'LIVE POWER DISK KIT C

Kit made of 10 Power Disk sets and the Rack ref: MU05000

REF.: **ST16000**

O'LIVE POWER DISK KIT D

Kit made of 20 Power Disk sets and the Rack ref: MU05100

REF.: **ST16100**



O'LIVE POWER DISK COMPLETE SET

- 12-sided design to avoid ground rolling.
- 3 holes for easy and secure grip.
- Soft and comfortable foam coated bar, 3 mm thick, providing more load capacity
- The PVC central ring facilitates the introduction of disks through the bar, while preventing wear.
- Colour-coded for easy weight identification.
- Load capacity 70 kg

The set consists of:
 - 2 Orange disks of 1.25 kg
 - 2 Red disks of 2.5 kg
 - 2 Maroon disks of 5 kg
 - 1 Bar of 140 x ø 3 cm and 2.8 kg
 - 2 Clamps of ø 3 cm

REF.: **ST13500**





O'LIVE POWER DISK LADY SET

- The set consists of:
- 2 Orange disks of 1.25 kg
 - 2 Red disks of 2.5 kg
 - 1 Bar of 140 x ø 3 cm and 2.8 kg
 - 2 Clamps of ø 3 cm

REF.: **ST13600**



O'LIVE 10 KG POWER DISKS

You can increase the difficulty of your training by adding more weight in your workouts using these 10kg disks.

REF.: **ST13800**

Color: Grey

O'LIVE POWER DISK BAR

Made of 3mm thick, providing more load capacity without deformation. The bar also incorporates a new foam texture for a better grip and less moisture absorption.

REF.: **ST13700**

Dimensions: ø 3 x 140 cm

Weight: 2.8 kg



O'LIVE ANKLE WEIGHT

Made of nylon, achieving a durable and odor-free product with no moisture absorption. With velcro fastener and buckle to suit users of all sizes. Price per pair.



REF.:	ST20407	ST20401	ST20408	ST20402	ST20403	ST20404	ST20405	ST20406
Weight:	0.5 kg	1 kg	1.5 kg	2 kg	3 kg	4 kg	5 kg	6 kg
Color:	Green	Purple	Black	Blue	Red	Orange	Yellow	Black



O'LIVE MUSCLE CLAMP COLLARS

Incorporates rubber inserts for a safe attachment without damaging the bar. It is supplied in pairs.

REF.: **PL17201**



O'LIVE 30 MM SPRING CLIPS

Chrome clips with plastic ends for 30mm diameter bars. It is supplied in pairs.

REF.: **ST13400**



O'LIVE SIKLOON

Increase training opportunities by adding the Sikloon, a versatile product that lets you diversify and redesign your Power Disk sessions. It allows you to introduce rotational exercises to the classic training programmes with bars and disks. The classic workout done in sessions with bars and disks focuses mainly on strength endurance and cardiovascular work; core stabilizing muscles of the body are partly forgotten.

This muscle group is thoroughly worked with the Sikloon, adding new possibilities in core strengthening training by performing all kinds of functional exercises.

REF.:	ST20001	ST20002
Bar:	ø 30 mm	ø 25 mm



O'LIVE SLIDERS

They provide an sliding training surface that allows you to simulate many slideboard exercises. You can work multiple muscles while engaging core stabilization throughout the range of motion.

Note: Not useful for rubber flooring

REF.:	ST22101	ST22102	ST22103
Others:	Pair	25 pairs + bag	10 pairs





O'LIVE STEP PLATFORM COMPACT RACK

Made of compact material seeking a more innovative design. Its shape can be placed along the wall for better use of available space. Steps not included.

REF.: MU03000
 Dimensions: 113 x 200 x 50 cm
 Capacity: 20 u



O'LIVE STEP BLOCK COMPACT RACK

Made of compact material seeking a more innovative design. Its shape can be placed along the wall for better use of available space. Bases not included.

REF.: MU03100
 Dimensions: 81 x 25 x 51 cm
 Capacity: 40 u



O'LIVE PLATFORM STEP RACK

Suitable for 19 Platform steps. It comes with wheels. Platforms not included.

REF.: MU07200
 Dimensions: 113 x 196 x 47 cm
 Capacity: 19 u
 Color: Grey



O'LIVE PLATFORM STEP BLOCK RACK

Suitable for step support blocks. It comes with wheels. Support Blocks not included.

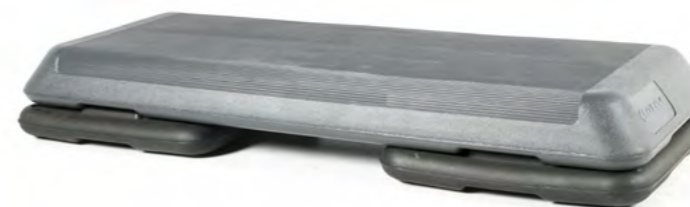
REF.: MU07300
 Capacity: 40 Blocks
 Color: Grey



O'LIVE ELITE PROFESSIONAL STEP PLATFORM

The platform features a new design non-slip rubber mat and incorporates internal reinforcements to withstand the most challenging classes. It incorporates 8 rubber feet for a greater stability and grip to the ground. The height can be increased up to 15 or 20 cm when adding the bases.

REF.: ST23400
 Dimensions: 109 x 10 x 40 cm
 Color: Green



O'LIVE PROFESSIONAL STEP PLATFORM

The platform features a rugged, non-slip surface and incorporates internal reinforcements to withstand the most challenging classes. It incorporates 8 rubber feet for a greater stability and grip to the ground. The height can be increased up to 15 or 20 cm when adding the bases.

REF.: ST22300	ST22600	ST22700
Dimensions: 109 x 10 x 40 cm	109 x 15 x 40 cm	109 x 20 x 40 cm
Color: Grey	Grey	Grey
Others: Platform	Platform + 2 blocks	Platform + 4 blocks



O'LIVE PROFESSIONAL STEP BLOCK

The support blocks allow you to adjust the height of the platform to 15 cm and 20 cm.

REF.: ST14100
 Color: Black

O'LIVE VINYL DUMBBELLS

They are coated with a vinyl layer that protects the floor and dumbbell itself from damage. They are colour coded for easy weight identification. They are easy to clean. Sold in pairs.



REF.: ST22201
Weight: 1 kg
Color: Green



REF.: ST22202
Weight: 2 kg
Color: Yellow



REF.: ST22203
Weight: 3 kg
Color: Orange



REF.: ST22204
Weight: 4 kg
Color: Red



REF.: ST22205
Weight: 5 kg
Color: Purple



O'LIVE HPL DUMBBELLS RACK

Including three trays to store any weight of dumbbells, either vinyl or rubber. Dumbbells not included.

Each shelf can store:

- 8 pairs of 1kg. vinyl dumbbells / 6 pairs of 1kg. rubber dumbbells.
- 6 pairs of 2kg. vinyl dumbbells / 5 pairs of 2kg. rubber dumbbells.
- 5 pairs of 3kg. vinyl dumbbells / 4 pairs of 3kg. rubber dumbbells.
- 5 pairs of 4kg. vinyl dumbbells / 4 pairs of 4kg. rubber dumbbells.
- 4 pairs of 5kg. vinyl dumbbells / 4 pairs of 5kg. rubber dumbbells.

REF.: MU15000
Dimensions: 82,2 x 100 x 30 cm



O'LIVE VINYL DUMBBELLS RACK

Recommended capacity: 18 pair of 1kg, 9 pair of 2 kg, 8 pair of 3 kg, 7 pair of 4 kg and 3 pair of 5 kg. Not accepts whatever capacity option, consult desired configuration. Dumbbells and lock not included.

REF.: MU06500
Dimensions: 82 x 54 x 108 cm



O'LIVE BODY BAR

Coated with high quality foam. Colour-coded for easy weight identification. The square shape of the side plugs prevents accidental rolling on the floor. Available in 5 different weights.

REF.:	ST13201	ST13202	ST13203	ST13204	ST13205
Dimensions:	120 cm	120 cm	120 cm	120 cm	120 cm
Weight:	2 kg	3 kg	4 kg	5 kg	6 kg
Color:	Yellow	Orange	Red	Maroon	Dark Grey



O'LIVE BODY BAR COMPACT RACK

Made of compact material. Each body bar is placed in rows compartmentalized for better management. Suitable for any measure of body bar. Body bars not included.

REF.: MU02400
Dimensions: 66 x 100 x 40 cm
Capacity: 30 u

O'LIVE RUBBER DUMBBELLS

They are coated with high quality virgin rubber being more resistant and ergonomic than vinyl dumbbells. Its oval design prevents from rolling on the floor. Differentiated by color, allowing easy identification. Sold in pairs.



REF.: ST20201
Weight: 1 kg
Color: Green



REF.: ST20202
Weight: 2 kg
Color: Yellow



REF.: ST20203
Weight: 3 kg
Color: Orange



REF.: ST20204
Weight: 4 kg
Color: Red



REF.: ST20205
Weight: 5 kg
Color: Purple



O'LIVE RUBBER STUDIO DUMBBELLS RACK

It has three shelves to store rubber dumbbells. Dumbbells not included.

Top shelf can store:

- 6 pairs of rubber dumbbells 1kg

The intermediate shelf can store:

- 5 pairs of rubber dumbbells 1kg, 2kg and 3kg

The lower shelf can store:

- 4 pairs of rubber dumbbells 1kg, 2kg, 3kg, 4kg and 5kg

REF.: MU13500
Dimensions: 30 x 100 x 112 cm



O'LIVE RUBBER STUDIO DUMBBELLS RACK

It has three shelves to store rubber dumbbells. Dumbbells not included.

Top shelf can store:

- 12 pairs of rubber dumbbells 1kg

The intermediate shelf can store:

- 10 pairs of rubber dumbbells 1kg, 2kg and 3kg

The lower shelf can store:

- 8 pairs of rubber dumbbells 1kg, 2kg, 3kg, 4kg and 5kg

REF.: MU13600
Dimensions: 112 x 100 x 30 cm

O'LIVE RUBBER DUMBBELLS + RACK KIT A

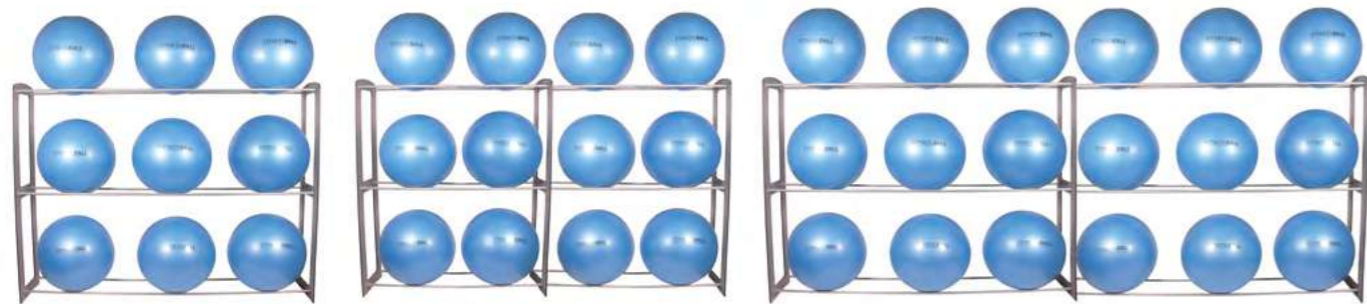
Kit A consist of:
-6 pairs of 1kg.
-5 pairs of 2kg.
-4 pairs of 3 kg.
-O'live rubber Studio rack (ref: MU13500).

REF.: ST20800

O'LIVE RUBBER DUMBBELLS + RACK KIT B

Kit B consist of:
-12 pairs of 1kg.
-10 pairs of 2kg.
-8 pairs of 3 kg.
-O'live rubber Studio rack (ref: MU13600).

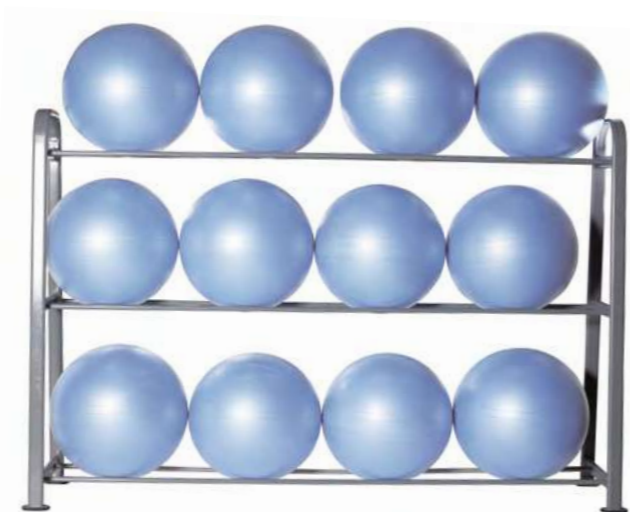
REF.: ST20900



O'LIVE FITNESS BALL COMPACT RACK

Made of compact material, seeking a more innovative design. Balls not included.

REF.:	MU01700	MU01800	MU09500
Dimensions:	220 x 175 x 45 cm	297 x 45 x 175 cm	442 x 45 x 175 cm
Capacity:	9 u	12 u	18 u



O'LIVE FITNESS BALL RACK

Suitable for storing 12 fitness balls. Balls not included. The 75 cm fitness balls only fit on the top shelf.

REF.:	MU06900
Dimensions:	270 x 180 x 65 cm
Capacity:	12 u
Color:	Grey



O'LIVE 4 BALL COMPACT RACK

It is suitable for storing Fit Balls. It is screwed into the wall at the desired height.

REF.:	MU09400
Dimensions:	292 x 42 x 15 cm

O'LIVE FITNESS BALL

Manufactured by Flexton silpower® exclusive material (patent), the safety factor is especially reinforced. Their look is particularly attractive and they offer a pleasant soft and velvety surface.

- Latex and DOP-DEHP free.
- Manufactured in Europe with CE and medical certification.
- Maximum weight load of 400 Kg

REF.:	BA06802	BA06806	BA06810	BA06813	BA06814	BA06815	BA06816	BA06817	BA06818
Dimensions:	ø 55 cm	ø 65 cm	ø 75 cm	ø 55 cm	ø 65 cm	ø 75 cm	ø 55 cm	ø 65 cm	ø 75 cm
Color:	Blue	Blue	Blue	Green	Green	Green	Orange	Orange	Orange

REF.:	BA06819	BA06820	BA06821	BA06822	BA06823	BA06824	BA06825	BA06826	BA06827
Dimensions:	ø 55 cm	ø 65 cm	ø 75 cm	ø 55 cm	ø 65 cm	ø 75 cm	ø 55 cm	ø 65 cm	ø 75 cm
Color:	Red	Red	Red	Purple	Purple	Purple	Grey	Grey	Grey



SUPER PUMP

Super pump that allows to inflate any model of balls easily, adapting the necessary mechanism.

REF.:	BA00600
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HAND PUMP

Hand pumps that allows to inflate any model of balls easily, adapting the necessary mechanism.

REF.:	BA00500
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FOOT PUMP

Foot pumps that allows to inflate any model of balls easily, adapting the necessary mechanism.

REF.:	BA00400
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SET PLUG

Plug for Fitness balls and Pilates balls.

REF.:	BA01000
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FITNESS BALL STOPPERBALL

To maintain fitballs stable. Suitable for balls with a diameter from 42 to 86 cm.

REF.:	BA00900
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BALLDISH

Offers an easy way to save the fiballs, either for storage or to facilitate the work.

REF.:	BA00300
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CAP EXTRACTOR

To help extraction of Fit Balls caps.

REF.:	BA00800
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BALL NEEDLES

Needle for medicine balls, slam balls, etc.

REF.:	BA00100
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O'LIVE MAT RACK

Suitable for storing up to 30 mats. Maximum mat length of 140cm. It is suitable for any eyelet width range. It comes with wheels. Mats not included.

REF.:	MU07000
Dimensions:	72 x 60 x 166 cm
Capacity:	30 u



O'LIVE MAT COMPACT RACK

It is suitable for the storage of up to 20 mats of 1 cm thick and 140 cm long. The brackets are adjustable to accommodate different mat widths.

REF.:	MU04200
Dimensions:	78 x 160 x 35 cm



O'LIVE FITNESS MAT

Made of EVA foam, these mats have excellent durability. They have a flat underside for increased grip and a grooved non-slip upperside. They are suitable for general use, for studio class activities and for fitness rooms. Eyelets are non metal.

REF.:	CLO0600
Dimensions:	120 x 50 x 1 cm
Color:	Blue
Eyelets distance(cm):	35



O'LIVE EVA MAT

Made of EVA foam, these mats have excellent durability. They have a smooth underside for increased grip and a grooved non-slip upper side. They are suitable for general use, for studio class activities and for fitness rooms. Metal ring eyelets.

REF.:	CLO3601	CLO3602	CLO3603
Dimensions:	140 x 60 x 0,7 cm	140 x 60 x 0,7 cm	140 x 60 x 0,7 cm
Color:	Grey	Blue	Black
Eyelets distance(cm):	50	50	50



O'LIVE MAT ADJUSTABLE COMPACT HANGER

Hanger for bolting to the wall for the storage of mats with eyelets. It is adjustable to any distance between eyelets. Not compatible with CL02600.

REF.:	MU04100
Dimensions:	75 x 15 x 24,5 cm
Capacity:	15/20 u



O'LIVE FITNESS MAT KIT WITH ADJUSTABLE HANGER

Kit composed of 20 Fit Mat with adjustable hanger (MU04100).

REF.:	CLO0700
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O'LIVE FREEFLEX MAT

Sanitized certification soft and pleasant feel Mat, have an excellent grip on the ground while its grooved surface prevents the user from slipping. They are suitable for general use, but they are especially adequate for environments dedicated to personal training, body mind, stretching, etc...Metal eyelets.

REF.:	CLO0403	CLO0404	CLO0405
Dimensions:	140 x 60 x 1 cm	140 x 60 x 1 cm	140 x 60 x 1 cm
Color:	Blue	Red	Grey
Eyelets distance(cm):	48,5	48,5	48,5



O'LIVE VYNIL MAT

Made of PVC, one side is non-slip whilst the other side is smooth. They are 9 mm thick with a rather soft touch. Light and easy to clean.

REF.:	CLO0501
Dimensions:	50 x 100 x 0,9 cm
Color:	Grey
Eyelets distance (cm):	39,5

O'LIVE ELASTIC BAND

The elastic bands add resistance to any exercise. They are 15 cm wide and 250 cm length.



REF.:	EL13001	EL13002	EL13003	EL13004
Intensity:	Light	Medium	Strong	Extra Strong
Color:	Yellow	Red	Green	Blue

O'LIVE LOOPS

The elastic loops can be used for a variety of applications, particularly for lower body work when aiming to gain strength and balance. Length 28 cm.



REF.:	EL06203	EL06201	EL06202
Dimensions:	13 x 280 mm	24 x 280 mm	30 x 280 mm
Intensity:	Light	Medium	Strong
Color:	Yellow	Red	Green

O'LIVE LOOPS XL

Ideal for short and limited movements. It fits comfortably to the upper and lower body and allows users to work the hip, leg, arm and back muscles.



REF.:	EL14301	EL14302	EL14303	EL14304
Dimensions:	50 x 280 mm	50 x 280 mm	50 x 280 mm	50 x 280 mm
Intensity:	Light	Medium	Strong	Extra Strong
Color:	Yellow	Green	Red	Blue

O'LIVE SINGLE ELASTIC COMPACT RACK HOLDER

It is suitable for storing up to 10 elastic tubes. Also suitable for other materials such ropes, hoops, etc. It is screwed into the wall at desired height.



REF.:	MU04300
Dimensions:	12 x 15 x 24,5 cm
Capacity:	10 u

O'LIVE MULTIPLE ELASTIC COMPACT RACK HOLDER

It is suitable for storing up to 40 elastic tubes. Also suitable for other materials such ropes, loops, etc. It is screwed into the wall at desired height.

REF.:	MU04400
Dimensions:	70 x 15 x 24,5 cm
Capacity:	40 u

O'LIVE TUBES/ ROPES RACK

Suitable for storing resistance tubes or jump ropes. Tubes not included.

REF.:	MU11900
Capacity:	80 u
Color:	Grey



O'LIVE ELASTIC TEXTILE BAND

The elastic band is made of Jacquard elastic fabric, giving greater properties in terms of resistance to breakage. It incorporates a series of loops providing grip handles thus facilitating the versatility of the product, since it allows to perform a large number of exercises of both upper and lower body. Each band has 9 loops, the center loop is 25 cm long allowing to work with both legs and with a total distance of 115 cm.



REF.:	EL14401
Intensity:	Light
Color:	Green



REF.:	EL14402
Intensity:	Medium
Color:	Yellow



REF.:	EL14403
Intensity:	Strong
Color:	Orange



O'LIVE RESISTANCE TUBE

- Slightly flexible, breathable and ergonomic handles.
- Made with 100% high quality natural rubber.
- Nylon cover for added protection.
- Four levels of resistance, perfect for circuit training.
- Colour coded, for easy identification of the resistance provided.
- 1,20 m long plus handles.

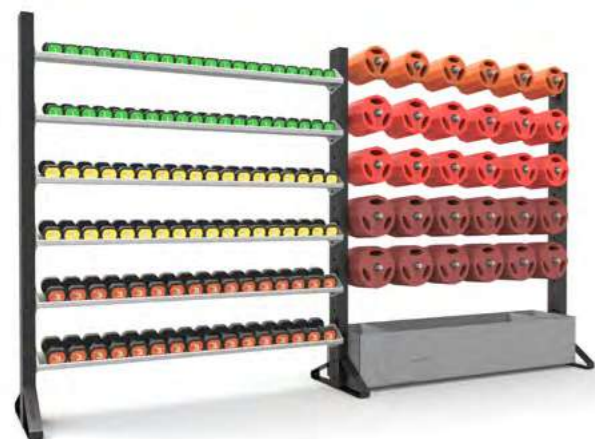
REF.:	EL08101	EL08102	EL08103	EL08104
Intensity:	Light	Medium	Strong	Extra Strong
Color:	Yellow	Green	Red	Blue



O'LIVE RESISTANCE TUBE PLUS

Resistance tubes made from high quality natural rubber with flexible breathable and ergonomic handle. They are nylon covered for extra protection against chafing, moisture and dehydration. Elastic length of 1,24 m + handle.

REF.:	EL08201	EL08202	EL08203	EL08204
Intensity:	Light	Medium	Strong	Extra Strong
Color:	Yellow	Green	Red	Blue



O'LIVE MULTIPLE RACK

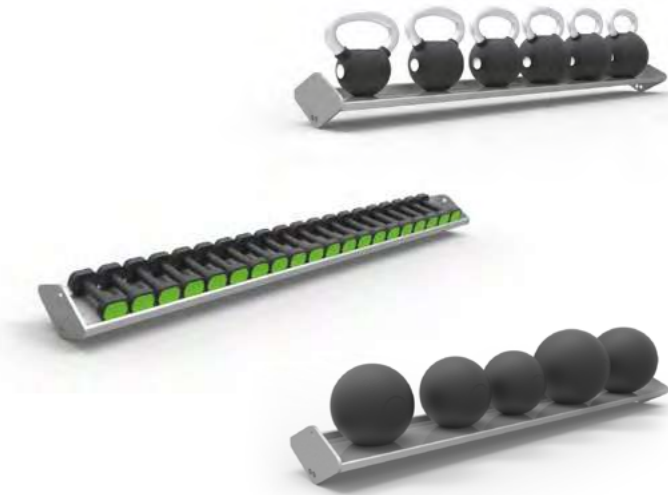
ALLOWS YOU TO STORE YOUR EQUIPMENT IN AN ORDERLY, MODULABLE AND CUSTOMIZABLE WAY.



O'LIVE MULTIPLE RACK VERSATILE SHELF SUPPORTS

The supports can be added to the versatile shelf (ref: MU15900) as to increase the capacity.

REF.: MU15600



O'LIVE MULTIPLE RACK SMALL FLAT SHELF

Shelf to store kettlebells or products like Studio dumbbells or Slam balls. Suitable for Multiple rack or any O'live Fitness functional station.

REF.: MU15400
Length: 168 cm

O'LIVE MULTIPLE RACK BALL SHELF

Suitable for Multiple rack or any O'live Functional Station. Each shelf can store:

- Functional balls (4 units)
- Medicine balls (6 units)
- Fitness Balls (2-3 units)

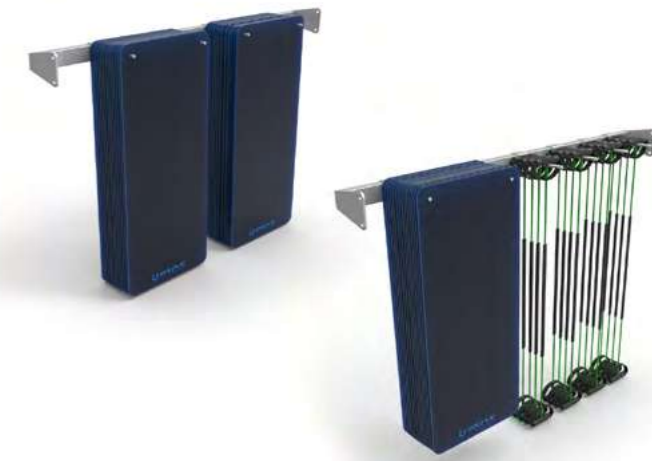
REF.: MU15800



O'LIVE MULTIPLE RACK BOX SHELF

Shelf to store Power Disk bars and clips. Also useful to store other kind of products such bands, mini balls or loops thanks to the 3 compartments. Suitable for Multiple rack.

REF.: MU15500



O'LIVE MULTIPLE RACK PLATES/BALANCE TRAINERS SHELF

Shelf for storing Bumper plates. The capacity depends on the size of them. It also allows store 6 Bosu trainers. Suitable for O'live Multiple rack or any O'live Fitness functional station. Can only be installed to the bottom line, in floor contact.

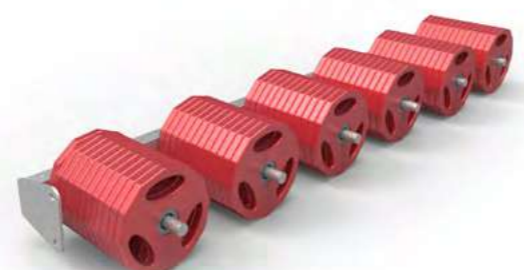
REF.: MU16300



O'LIVE MULTIPLE RACK POWER DISC SHELF

Shelf to store up to 9 complete sets of Power disks. Suitable for Multiple rack or any O'live Fitness functional station.

REF.: MU16000



O'LIVE MULTIPLE RACK COLUMN

Support for holding various shelves according to the products stored. Each module requires two supports. When annexed module is required, only one extra support is needed for the expansion. Sold in units.

REF.: MU16400
Dimensions: 200x62x60 cm



O'LIVE MULTIPLE RACK VERSATILE SHELF

Shelf to store mats, tubes, ankle weights, etc. It includes 4 supports allowing to store 40 mats (1cm thickness) or 40 elastic tubes. It allows to add more supports for extra capacity (ref: MU15600). Suitable for Multiple rack or any O'live Fitness functional station.

REF.: MU15900



